

Nossiter, Bernard D. *The Global Struggle for More: Third World conflicts with the rich nations.*

Harper. (Twentieth Century Fund Essays). Mar. 1987. c.250p. fwd. by M.J. Rossant. index. LC 86-45762. ISBN 0-06-435851-8. \$22.50. ECON/INT AFFAIRS

The poorer countries have long been receiving aid from the developed world and, with few exceptions, are no better off now than they were decades ago. This book explains why, with clarity and concision, putting into focus the whole question of North-South relations. Third World debt, poor countries' demands for a new economic order, external aid, and trade between the developed and underdeveloped nations are all discussed. Nossiter, a former foreign correspondent for the *Washington Post* and U.N. bureau chief for the *New York Times*, brings a freedom from rancor and partisanship rare in this debate. In fact, readers may even conclude that this is a problem with a solution.—*Ian Wallace, Agriculture Canada Lib., Saint-Jean-sur-Riche-lieu, Quebec*

Yaniv, Avner. *Dilemmas of Security: politics, strategy, and the Israeli experience in Lebanon.*

Oxford Univ. Pr. 1987. c.345p. maps. bibliog. index. LC 86-8790. ISBN 0-19-504122-4. \$24.95. INT AFFAIRS

A comprehensive and sober analysis of the 1982 Israeli incursion into Lebanon. Yaniv, an Israeli expert on national security affairs, lucidly recounts the Israeli military action against PLO and Syrian forces in Lebanon from 1982 to 1984. Focusing upon Israeli political and military leaders involved in decision-making, Yaniv finds considerable fault with Israeli Prime Minister Begin and Major-General Sharon. He also covers the intricate web of relations among political factions in both Israel and Lebanon. The perfect companion to Ze'ev Schiff and Ehud Ya'ari's *Israel's Lebanon War (LJ 10/15/84)*, Yaniv's book is essential reading for any analyst of this period. One of the best on the subject.—*Sanford R. Silverburg, Political Science Dept., Catawba Coll., Salisbury, N.C.*

Psychology & Psychiatry

Billig, Nathan, M.D. *To Be Old and Sad: understanding depression in the elderly.*

Lexington: Heath. 1987. 114p. bibliog. index. LC 85-45736. ISBN 0-669-12277-7. \$21.95; pap. \$8.95. PSYCH

Depression, one of the most common causes of mental dysfunction in older persons, is also one of the most misdiagnosed and mistreated. It may result from something as simple as a

drug's side effects or as complex as a continuing, lifelong battle with depressive symptoms. Dr. Billig, director of Georgetown University Medical Center's Geriatric Psychiatry Program, offers a succinct explanation of depression and its causes, methods of diagnosis, and treatment alternatives. This book is not a self-help guide but nonetheless gives reassuring information to both the elderly and their families. With its case histories, it could also serve as an introductory text, though the bibliography could be more extensive.—*Karen McNally Bensing, Metro General Hospital Lib., Cleveland*

Branden, Nathaniel. *How To Raise Your Self-Esteem.*

Bantam. Mar. 1987. c.164p. LC 86-47601. ISBN 0-553-05185-7. \$14.95. PSYCH

Branden, psychotherapist and specialist in the field of self-esteem psychology, here offers a "how-to" follow-up to his popular *Honoring The Self* (Tarcher, 1984) that gives a detailed account of the importance of self-acceptance in human existence. Intended for use without the aid of a psychotherapist, Branden's book shows that there are many paths to self-esteem, as exemplified by accounts culled from his own private-practice files. A series of progressive self-exploration exercises gives us most of the ingredients necessary to reverse completely our negative self-assessments. Among them, living consciously, without guilt, and with authenticity receive top billing. Recommended for general as well as professional psychology collections.—*Robert L. Jaquay, William K. Sanford Town Lib., Loudonville, N.Y.*

Good, Nancy. *How To Love a Difficult Man.*

St. Martin's. Mar. 1987. c.244p. ISBN 0-312-00134-7. \$14.95. PSYCH

Psychotherapist Good suggests that any man can be a difficult man; what a woman needs to love such a man is courage, the courage to take emotional risks. Good provides numerous practical suggestions as she examines various types of difficult men, from those who are chronically late to those, such as alcoholics, who pose graver problems. Citing childhood experience as the source of much difficult behavior, Good shows that women often react counterproductively to such behavior, thereby reinforcing destructive patterns. Suggesting ways to change these patterns, Good emphasizes that men, too, want relationships to work. This first book will be a welcome addition to the literature.—*Mary L. Kirk, Randall Lib., Univ. of North Carolina, Wilmington*

Johnston, Jerry. *Why Suicide?*

Oliver-Nelson: Thomas Nelson. 1987. c.192p. illus. ISBN 0-8407-9081-3. \$12.95. PSYCH

A powerful guide for parents, teenagers, and educators, this exploration of adolescent suicide probably lacks the impact of Johnston's "Live Exposé" video (not seen, but available through Jerry Johnston Association for \$30 plus \$2.75 shipping), which features his address before 2000 students. A professional lecturer who has been heard by over 2.5 million teenagers, the author describes not only suicide's causes, misconceptions, and warning signs but specific actions that can be taken to help potential victims. Though not as comprehensive as Sol Gordon's *When Living Hurts* (UAHC, 1985) the material is current (especially on rock music) and readable, and the subject's importance demands purchase. Recommended for public libraries; larger collections may also want the video, audiocassette, and/or film.—*Janice Arenofsky, formerly with Arizona State Lib., Phoenix*

Levenson, Frederick B. *The Anti-Cancer Marriage: living longer through loving.*

Stein & Day. 1987. 198p. LC 86-42782. ISBN 0-8128-3127-6. \$17.95. PSYCH

The author's thesis that people in good, lasting marriages live longer is taken a step or two farther by his linking all marital problems to the past success or failure of the "infant-mother bond." If either partner did not bond successfully with the mother, then the partners are unlikely to develop a marriage bond—and "without a fusal relationship in life they are at far greater risk of many psychosomatic disorders, including cancer." The case studies of unsuccessful marriages that illustrate this argument read like soap opera rather than clinical practice. Aimed at the general public, the book appears to be of limited value to collections.—*John M. Haynes, Haynes Mediation Associates, New York*

Religion

Gallup, George, Jr. & Jim Castelli. *The American Catholic People: their beliefs, practices, and values.*

Doubleday. 1987. c.205p. index. ISBN 0-385-32122-9. \$15.95. SOC SCI/REL

Using Gallup polls conducted between 1965 and early 1986, Gallup and Castelli give us a fleshed-out portrait of contemporary American Catholicism. Each chapter treats a particular aspect, such as religious practices or political beliefs, by situating it historically and concluding

