

dexes assist the reader/traveler.—*Libby K. White, Schenectady Cty. P.L., N.Y.*

Shaeffer, Claire. *Claire Shaeffer's Fabric Sewing Guide.*

Chilton. (Creative Machine Arts). 1989. 531p. illus. bibliog. index. ISBN 0-8019-7802-5. **pap.** \$24.95. REF

Home sewers have their choice of many guides to clothing construction, but this title is unique because it focuses on fabrics and materials used to make garments. The fiber content of leathers, synthetic suedes, vinyls, fur, feathers, natural fabrics, and human-made fabrics are all detailed. The section on fabric structure includes woven, knit, and stretch-woven fabrics, while that on surface characteristics ranges from transparent and napped fabrics to felt, reversible, and quilted fabrics and fabrics with designs. After a description of the distinctive properties of each textile, techniques for sewing with professional results are outlined, with special emphasis on seams, hems, edge finishes, closures, and hand stitching. A fabric and fiber dictionary, sewing clinic, glossary, and bibliography complete the work. Illustrations from the collections of international design houses are scattered throughout the text. This comprehensive fiber and fabric dictionary is for all public libraries.—*Judith Yankielun Lind, Rose-land Free P.L., N.J.*

Treatments of Psychiatric Disorders: A Task Force Report of the American Psychiatric Association. 4 vols.

American Psychiatric Assn. 1989. 3000p. permanent paper. index. LC 89-248. ISBN 0-89042-201-X. \$250. REF
Never before has the American Psychiatric Association so comprehensively described its mental health arsenal. Some 26 different task force panels made up of many distinguished clinicians (among them Cornelia B. Wilbur, the psychiatrist who treated the multiple personality "Sybil") have assembled into three weighty volumes and a subject/name index the various scientific approaches (behavior modification, cognitive therapy, psychotherapy, pharmacotherapy, etc.) to treating the full spectrum of emotional and mental disturbances, including eating disorders, schizophrenia, mental retardation, obsessive-compulsive disorder, personality disorders, and substance abuse disorders. The association's Diagnostic and Statistical Manual of Mental Disorders (DSMIII-R, 1987) diagnoses, but this working document, which took seven years to create, aims to summarize scientific knowledge and clinical judgment relating to the care of psychiatric patients.

The APA says that this reference work is neither "definitive" nor a "standard for psychiatric care." However, professionals will undoubtedly consult it,

which is why lay people also need access. Particularly helpful to nonprofessionals are reports on self-help groups and peer-helping services for youth and the treatment of alcohol abuse. Despite the use of jargon and a formal, wordy style, special collections, psychiatrists, academic libraries, and medium-to-large public libraries need to purchase this expensive but necessary reference work.—*Janice Arenofsky, formerly with Arizona State Lib., Phoenix*

Zerden, Sheldon. *The Best of Health: The 101 Best Books.*

Four Walls Eight Windows. Nov. 1989. c.304p. illus. index. LC 88-33603. ISBN 0-941423-22-0. \$28.95; **pap.** ISBN 0-941423-23-9. \$14.95. REF

This collection of annotations of books on health and illness concentrates on alternative, holistic, and unproven theories. A number of titles concern nutrition, weight control, vitamins, minerals, fiber, etc. Exercise and the body-mind connection are also explored. Each entry describes the work in some detail and should enable a reader to decide if the book would be likely to satisfy his or her need for information. This might be a useful reader's advisor tool and could prove helpful for interlibrary loan of materials owned locally.—*Barbara Kormelink, Bay Medical Ctr. Lib., Bay City, Mich.*

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