

Mothers (LJ 6/1/81) experimental/case-vignette approach. Recommended.—Janice Arenofsky, formerly with Arizona State Lib., Phoenix

Levine, Stephen. Meetings at the Edge: dialogues with the grieving and the dying, the healing and the healed.

Anchor: Doubleday. 1984. c.288p. ISBN 0-385-18786-6. pap. \$7.95. REL/PSYCH

Levine, a poet and leader of the Conscious Dying movement, presents 20 candid and sensitive dialogues with patients, caregivers, and significant others (drawn mostly from recorded telephone counseling interviews). This structure allows him to give us an accurate portrayal of the processes of dying and grieving as seen through many eyes and felt by many hearts, and to impart much truth and wisdom. At times the dialogues become too vague and mystical in tone or seem too obvious ("no one can die your death for you"). But, on the whole, hospice workers, clergy, all who counsel the terminally ill and their families, and persons faced with their own death or that of a loved one may find this a welcome resource.—*Chaplain David A. Buehler, Charlton Memorial Hospital, Fall River, Mass.*

Miller, Gordon Porter & Bob Oskam. Teaching Your Child To Make Decisions: how to raise a responsible child.

Harper. 1984. c.272p. index. LC 83-48370. ISBN 0-06-038033-0. \$13.95. PSYCH

Management consultant Miller has written other books on decision making. Here he encourages parents to assist their children in making choices. The emphasis is on the process of decision making and Miller presents the steps in clear and simple language with exercises and examples, giving advice for helping children from preschool age through high school. While much of current advice written for parents deals with problem areas and changing family composition, Miller's work focuses on a main function of the parent role—parenting for independence. Parents and helping professionals who work with parents will find this book useful. Recommended for general collections.—*Paul Gregorio, Northwest Resource Ctr., Univ. of Washington, Seattle*

Nelson, Gerald E., M.D. The One-Minute Scolding: a revolutionary new approach to child discipline.

Shambhala, dist. by Random. 1984. 144p. illus. LC 83-18410. ISBN 0-394-53661-4. \$13.95; pap. ISBN 0-394-72389-9. \$6.95. PSYCH

As a disciplinary technique, the "one-minute scolding" is both simple and surprisingly wide in range of application: 30 seconds (or less) of overt, voiced anger at a misdeed followed by 30 seconds of equally intense affection. Nelson explains how the technique may be used to teach desirable behaviors to children 18 months to 18 years old, evasive ploys children will use, and other problems. He also describes how conscience develops, why discipline works and punishment doesn't, how parent-child bonding takes place, and how the emotions roused by the one-minute scolding reinforce this bond. Very useful—public libraries may need

several copies.—*Kari D. Anderson, Mary Washington Coll. Lib., Fredericksburg, Va.*

★**Sarrel, Lorna J. & Philip M. Sarrel, M.D. Sexual Turning Points: the seven stages of adult sexuality.**

Macmillan. May 1984. c.352p. bibliog. index. ISBN 0-02-606910-5. \$14.95. PSYCH

This excellent book for the general reader provides a life cycle perspective on sexuality. Surveying seven expected crises of sexual development—adolescent "sexual unfolding," commitments, marriage, childbearing, parenthood, divorce, and aging—the authors discuss the vulnerabilities of each phase and offer guidance for the prevention and cure of potential problems. Perhaps because of their years of experience as directors of the Yale Sex Counseling Service, the Sarrels' chapters on late adolescence are particularly fine. Their discussion of menopause, especially of its physical aspects, is also superb, one of the best brief treatments of the subject available. For public and YA collections. [A BOMC and Preferred Choice Bookplan alternate.]—*Sharon G. Nathan, Psychiatry Dept., Cornell Univ. Medical Coll., New York*

Schnall, Maxine. Every Woman Can Be Adored.

Coward. May 1984. 192p. LC 83-20903. ISBN 0-698-11267-9. \$10.95. PSYCH

Schnall, whose most recent book was *Limits (LJ 4/1/81)*, argues here that women can achieve successful love relationships through conscious strategy rather than resign themselves to mere passive longing. Since many women have become successful in business, they can apply the same principles for success in their private lives. She counsels her readers on how to distinguish a trap from an opportunity, recognize "semi-permanent" relationships, and—when the "right one" comes along—obtain a commitment and close the deal. While most women may not relate to these power tactics, the bottom line here is that "if [the book] does nothing more than inspire you to be encouraged... it will have been enough." Buy as needed.—*Suzanne Druehl, Little Rock P.L., Ark.*

Szasz, Thomas. The Therapeutic State: psychiatry in the mirror of current events.

Prometheus Bks. 1984. c.360p. ISBN 0-87975-239-4. \$22.95; pap. ISBN 0-87975-242-4. \$10.95. PSYCH

In 74 very short pieces (essays, editorials, book reviews) reprinted from various periodical sources, Szasz continues to attack "the embarrassing contradiction between the ostensible and the actual practices of psychiatrists." Paramount in all of them is Szasz's advocacy of freedom of choice and the abolition of involuntary psychiatry, as well as his effort to get us to acknowledge spurious concepts and such misnamings as "mental illness"; indeed, the essence of each of his arguments concerns the misuse of language. Each short piece is more brisk than original, but shrewd, topical, and eminently quotable. Not an essential purchase, particularly for libraries al-

ready subscribing to *Inquiry* (Libertarian Review Foundation), from which 21 pieces are taken.—*William Abrams, Portland State Univ. Lib., Ore.*

Wonder, Jacquelyn & Priscilla Donovan. Whole-Brain Thinking: working from both sides of the brain to achieve peak job performance.

Morrow. 1984. c.327p. illus. index. ISBN 0-688-02665-6. \$13.95. BUS/PSYCH

Wonder (a Denver management consultant) and Donovan (a university educator who has researched brain lateralization) present a clearly written self-help book. Their self-test for brain preference, mind-moving exercises (brainstorming, cinematics, "inside-outs"), and case studies from diverse occupations (such as law, carpentry) are instructive and stimulating. They also offer numerous useful techniques concerning creative dreaming, memory, productive gossip, intuition, and concentration. Unfortunately, content sometimes becomes fragmented through separate "information boxes" which force attention away from the main text. On the whole, though, a useful book for public libraries.—*Janice Arenofsky, formerly with Arizona State Lib., Phoenix*

Religion

Brooke, Rosalind & Christopher Brooke. Popular Religion in the Middle Ages: Western Europe 1000-1300.

Thames & Hudson, dist. by Norton. May 1984. 176p. photogs. bibliog. index. LC 83-50769. ISBN 0-500-25087-1. \$19.95. HIST/REL

This book joins such recent studies of medieval popular religion as Jonathan Sumption's *Pilgrimage: an image of medieval religion (LJ 4/15/76)* and Ronald C. Finucane's *Miracles and Pilgrims: popular beliefs in medieval England (LJ 4/15/84)*. The Brookes' special contribution rests in their examination of popular faith primarily through the architecture, adornment, and furnishings of churches and from such scattered evidence as manuscript illumination, saints' lives, crusaders' chronicles, poems, etc. The authors are able to convert broad and deep reading in the primary and secondary literature into easy familiarity with their subject. A lucid style and apt examples will make this short book pleasant reading for students of all ages. For subject and appropriate general collections.—*Bennett D. Hill, St. Anselm's Abbey, Washington, D.C.*

Frossard, André & Pope John Paul II. 'Be Not Afraid!'

St. Martin's. Apr. 1984. c.384p. tr. from French by J.R. Foster. ISBN 0-312-07021-7. \$13.95. REL

This is an edited version, with considerable commentary, of some long conversations which a well-known French journalist held with Pope John Paul II. Frossard questioned the pope on a wide variety of subjects: atheism, faith, revelation, the church, marriage, the poor, the ordination of women, young people, to name just a few. A final chapter on the assassination attempt of 1981,

